

Thermal bath engineering for swift equilibration

Marie Chupeau,¹ Benjamin Besga,² David Guéry-Odelin,³ Emmanuel Trizac,¹ Artyom Petrosyan,² and Sergio Ciliberto^{2,*}

¹*LPTMS, CNRS, Université Paris-Sud, Université Paris-Saclay, UMR 8626, 91405 Orsay, France*

²*CNRS, Laboratoire de Physique de l'École Normale Supérieure, Université de Lyon, UMR 5672, 46 Allée d'Italie, 69364 Lyon, France*

³*Laboratoire de Collisions Agrégats Réactivité, CNRS, UMR 5589, IRSAMC, France*



(Received 28 January 2018; revised manuscript received 3 July 2018; published 26 July 2018)

We provide a theoretical and experimental protocol that dynamically controls the effective temperature of a thermal bath, through a well-designed noise engineering. We use this powerful technique to shortcut the relaxation of an overdamped Brownian particle in a quadratic potential by a joint time engineering of the confinement strength and of the noise. For an optically trapped colloid, we report an equilibrium recovery time reduced by about two orders of magnitude compared to the natural relaxation time. Our scheme paves the way towards reservoir engineering in nanosystems.

DOI: [10.1103/PhysRevE.98.010104](https://doi.org/10.1103/PhysRevE.98.010104)

Accelerating the relaxation dynamics of a system driven from an equilibrium state to a new one is an expedient goal and a widely studied problem, for its useful potential applications in quantum [1–12] or classical systems [13–16] and for photonics circuit design [17–20]. Acceleration is achieved by engineering protocols which shape the dynamics of several control parameters to equilibrate a system much faster than its characteristic relaxation time. Such an approach, known in the engineering community as input shaping [21,22], has been recently extended to microscopic systems where quantum and thermal fluctuations cannot be neglected [23]. For isolated quantum and classical systems, several techniques known as shortcut to adiabaticity (STA) have been developed and successfully applied to experiments [4–16]. In a recent article, we extended STA to systems coupled to a heat bath by introducing the so-called engineered swift equilibration (ESE) processes, achieving an equilibrium recovery about two orders of magnitude quicker than relaxation for both a micromechanical oscillator [15] and a Brownian particle trapped in a quadratic potential [14]. This extension is a key step for a number of applications in nano-oscillators [24], in the design of nanothermal engines [25–27], or in monitoring mesoscopic chemical or biological processes [28], for which thermal fluctuations are of paramount importance and an accelerated equilibration desirable for improved power. We emphasize that for a particle coupled to a thermal bath, the notion of equilibrium refers to its probability density function and not to the motion of the particle itself. Thus, in the following, a particle is considered at equilibrium if its probability density function, measured in a way to be specified, is given by the Boltzmann law.

Independently, a new technique has been devised to emulate an effective temperature through a white noise random forcing applied to a particle [29], and used in different contexts, from thermal engines [25,30,31] to more fundamental works [32,33]. In this Rapid Communication, we take advantage

of this technique and prove that the STA field can benefit from this new control parameter to carry out transformations that have been inaccessible so far. In particular, we propose and test an original protocol based on a random forcing that allows us to overcome an important experimental limitation for ESE decompression protocols, where the trapping volume is expanded. For sufficiently fast transformations, both STA and ESE protocols generate solutions in which the external confinement becomes transiently repulsive, i.e., with a negative spring constant [3,13]. Indeed, the reverse curvature yields an exponential acceleration of the transformation.

However, the experimental implementation of such a protocol is not always feasible or may be so cumbersome to implement that it is in practice unrealistic, for example, for mechanical oscillators and colloidal Brownian particles. We show both theoretically and experimentally that a protocol based on a thermal bath engineering combined with a proper control of the strength of the confinement outperforms STA and ESE protocols, bypassing the requirement for a transient repulsive potential. The key ingredient to allow for thermal bath time control is to monitor the amplitude of a white noise random forcing that creates the effective temperature. This driving is independent of the particle dynamics, then differing from feedback protocols [34,35]. The corresponding original thermally engineered swift equilibration (TESE) protocol illustrates how a well-designed effective temperature engineering can unlock conceptual problems and can be generalized to a wealth of other applications where a fast expansion is needed.

We consider an overdamped system described by a first-order Langevin equation for the coordinate x of a Brownian particle trapped in a quadratic potential of stiffness $k(t)$ centered in x_o ,

$$\nu \dot{x} = -k(t)(x - x_o) + \sqrt{2k_B T_{\text{eff}}(t)\nu} \xi(t), \quad (1)$$

where k_B is the Boltzmann constant, $T_{\text{eff}}(t)$ the time-dependent effective temperature (that can be different from the bath temperature T , kept constant here), ν the viscous coefficient, and ξ a delta correlated noise such that $\langle \xi(0)\xi(t) \rangle = \delta(t)$. In

*sergio.ciliberto@ens-lyon.fr

equilibrium when $T_{\text{eff}} = T$ and k is constant, the characteristic relaxation time is $\tau = \nu/k$, and the probability density function $P(x)$ of the position fluctuations is Gaussian with a standard deviation $\sigma = \sqrt{k_B T/k}$.

We imagine a process where k is changed from an initial constant value k_i to a final value k_f . This process can be done by a STEP protocol in which k is suddenly changed from k_i to k_f and the system relaxes to the new equilibrium state in several τ , which is the time taken by σ to reach the final value σ_f . More interestingly, the ESE protocol, in which $T_{\text{eff}} = T$, allows us to arbitrarily reduce the relaxation regime using an appropriate time evolution for k . For the sake of completeness, let us briefly recall how this protocol is constructed. The one-dimensional additive-noise Langevin equation (1) is equivalent to the following Fokker-Planck equation, that rules the dynamics of $P(x, t)$,

$$\partial_t P = \frac{k(t)}{\nu} \partial_x (xP) + \frac{k_B T}{\nu} \partial_x^2 P. \quad (2)$$

As during the time evolution $P(x, t)$ remains Gaussian, we write $P(x, t) = [\alpha(t)/\pi]^{1/2} \exp[-\alpha(t)x^2]$, where α is related to the variance of x through $\alpha(t) = 1/[2\sigma(t)^2]$. Thus Eq. (2) becomes

$$\frac{\dot{\alpha}}{\alpha} = \frac{2k(t)}{\nu} - \frac{4k_B T \alpha}{\nu}, \quad (3)$$

where the dot denotes the temporal derivative, and the boundary conditions at initial time $t = 0$ and final time $t = t_f$ are $\alpha(0) = k_i/2k_B T$, $\alpha(t_f) = k_f/2k_B T$, and $\dot{\alpha}(0) = \dot{\alpha}(t_f) = 0$. The conditions on the derivatives are important because they ensure equilibrium for $t \geq t_f$. The problem can be solved, using dimensionless quantities $\tilde{\alpha} = \alpha/\alpha_i$, $\tilde{k} = k/k_i$, $\chi = k_f/k_i$, and $s = t/t_f$, by choosing a specific time evolution for $\tilde{\alpha}$. We subsequently determine the time dependence of \tilde{k} which allows the system to equilibrate in an arbitrary time t_f ,

$$\tilde{k}(t) = \left(1 + \frac{\chi \tau_f \partial_s \tilde{\alpha}}{2t_f \tilde{\alpha}^2}\right) \tilde{\alpha}, \quad (4)$$

where $\tau_f = \nu/k_f$. A reasonable choice for $\tilde{\alpha}$, which fulfills the boundary conditions, is, for example,

$$\begin{aligned} \tilde{\alpha}(s) &= 1 \quad \text{for } s < 0, \\ \tilde{\alpha}(s) &= 1 + (\chi - 1)(3s^2 - 2s^3) \quad \text{for } 0 \leq s \leq 1, \\ \tilde{\alpha}(s) &= \chi \quad \text{for } s > 1, \end{aligned} \quad (5)$$

which can be applied in a compression $\chi > 1$ and in an expansion $\chi < 1$. In Ref. [14], we have shown that in the compressive case, \tilde{k} following from Eqs. (4) and (5) can be successfully used in an experiment with a t_f two orders of magnitude smaller than the natural equilibrium recovery time of several τ_f . Yet, it is straightforward to see that for a quick expansion ($t_f \ll \tau_f$), the stiffness may take negative values; it necessarily does so when t_f is small enough, irrespective of the specific form chosen in Eq. (5). Thus, the potential has to be transiently repulsive in order to reach equilibrium within an arbitrary small t_f [13]. This constitutes a substantial experimental shortcoming since it is in general arduous if not impossible to turn a trapping (attracting) potential into a repulsive one, following the complex dynamical rule embedded in Eq. (4).

However, this problem can be resolved by adding an extra control parameter, through a dynamically controlled effective temperature. In our one-particle setup, this effective temperature can be created by carefully engineering the trap center position $x_o(t)$, which was fixed in the previous analysis, through a time-dependent random noise. In this case, the Langevin equation can be written

$$\nu \dot{x} = -k(t)[x - x_o(t)] + \sqrt{2k_B T \nu} \xi(t). \quad (6)$$

Note that this protocol is appropriate to mimic a temperature for a unique particle. If several particles, even noninteracting ones, are trapped together, additional experimental control [36,37] is needed to avoid undesired position correlations between the particles. We choose for $x_o(t)$ an externally generated random noise with correlation time $\tau_c \ll \tau_i$, i.e., the noise can be considered delta correlated for all practical purposes with a time-dependent amplitude $\sigma_o(t)^2 = \langle x_o^2 \rangle$. The correlation is chosen as $\langle x_o(t)x_o(t') \rangle = \sigma_o(t)^2 \tau_r \delta(t - t')$, where τ_r defines the noise spectral density. This noise consequently behaves as another heat bath for the Brownian particle, with an effective temperature $T_{\text{eff}}(t) = T(t) + k(t)^2 \sigma_o(t)^2 \tau_r / (2\nu k_B)$, so that

$$\partial_t P = \frac{k(t)}{\nu} \partial_x (xP) + \left(\frac{k_B T}{\nu} + \frac{k(t)^2 \sigma_o(t)^2 \tau_r}{2\nu^2} \right) \partial_x^2 P, \quad (7)$$

and the equation for $\tilde{\alpha}$ becomes

$$\frac{\chi \tau_f \partial_s \tilde{\alpha}}{t_f \tilde{\alpha}} = 2\tilde{k}(t) - 2\tilde{\alpha} - \frac{\tilde{k}(s)^2 \sigma_o(s)^2 \tilde{\alpha}(s) \tau_r}{\sigma_i^2 \tau_i}. \quad (8)$$

We keep for $\tilde{\alpha}$ the same time evolution as in Eq. (5) but for the sake of convenience we fix $\tilde{k}(s)$ as

$$\begin{aligned} \tilde{k}(s) &= 1 \quad \text{for } s < 0, \\ \tilde{k}(s) &= \tilde{k}_{\text{max}} \quad \text{for } 0 \leq s \leq 1, \\ \tilde{k}(s) &= \chi \quad \text{for } s > 1, \end{aligned} \quad (9)$$

where $\tilde{k}_{\text{max}} > 1$ is a chosen fixed value. It is interesting to note that in bypassing ESE that requires negative k values to reach $k_f < k_i$, we make transient use of $k > k_i$. We take advantage of this feature (see below). Having specified the dynamics of $\tilde{\alpha}$ and \tilde{k} , we can solve Eq. (8) for the dynamics of $\sigma_o(s)$,

$$\sigma_o(s)^2 = \left[\frac{1}{\tilde{\alpha} \tilde{k}} - \left(1 + \frac{\chi \tau_f \partial_s \tilde{\alpha}}{2t_f \tilde{\alpha}^2}\right) \frac{1}{\tilde{k}^2} \right] \frac{2\sigma_i^2 \tau_i}{\tau_r}. \quad (10)$$

In doing so, we have two experimentally controlled parameters (σ_o and k , see Fig. 1), which allow us to follow the proper dynamics for α and to reach equilibrium exactly at t_f .

From Eq. (10), we notice that the value of \tilde{k}_{max} determines the maximum amplitude of the noise, which decreases when \tilde{k}_{max} increases. Of course, one can make other functional choices for $k(t)$ and $\alpha(t)$. One may, for instance, wish to minimize the work performed during the transformation, but for experimental reasons and limitations, the chosen simple scheme seems the most appropriate.

Here, we bypass the limitation of the original ESE idea by taking advantage of an additional degree of freedom to supplement trap stiffness, with the effective temperature. It would also be possible to act on the position of the trap center, not to emulate a temperature, but as an alternative degree

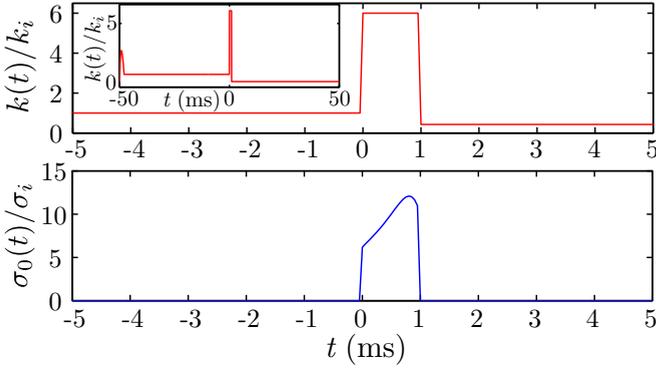


FIG. 1. The two signals $\tilde{k}(t)$ and $\sigma_o(t)$ used to drive fast expansion. The time is set to zero when the decompression is triggered. The inset exhibits the full dynamics used in the experiment, cycled 4×10^4 times. The system is initialized at $t = -50$ ms with an ESE compression from \tilde{k}_f to \tilde{k}_i [noiseless TESE with Eqs. (4) and (5)], then left unperturbed, before the decompressing TESE is applied at $t = 0$. The system is subsequently left unperturbed up to $t = 50$ ms before the cycle repeats. The TESE sector ($0 \leq t \leq t_f = 1$ ms) is ruled by Eqs. (5), (9), and (10). Here, $\tau_f = 11$ ms, $\tau_i/\tau_r = 100$, $\chi \equiv k_f/k_i = 0.44$, and $\tilde{k}_{\max} = 6$.

of freedom. This yields a distinct reverse protocol for which details are provided in Ref. [38].

We have implemented the TESE expansion protocol on a Brownian particle trapped by an optical tweezer [39]. Our experimental system consists of a silica microsphere of radius $R = 1 \mu\text{m}$ ($\pm 5\%$) immersed in water. The particle is trapped by an optical quadratic potential $U(x, t) = k(t)[x - x_o(t)]^2/2$, where x is the particle position and $x_o(t)$ is the focal position of the beam. The stiffness $k(t)$ of the potential can be controlled by the power of the trapping laser. The fluid chamber is specifically designed in order to have only one bead in the measuring region, which allows us to perform very long measurements without any perturbation induced by the other particles. The trap is realized using a near infrared laser beam ($\lambda = 1060$ nm with maximum power 500 mW) expanded and inserted through an oil-immersed objective [Leica, $63\times$ numerical aperture (NA) 1.40] into the fluid chamber. The trapping laser power is modulated by an external voltage V_k via a laser diode controller with a rising time of about 40 μs . V_k is generated by a National Instrument card (NI PXIe-6663) managed by a custom made LABVIEW program. The detection of the particle position is achieved using an additional laser beam (at $\lambda = 635$ nm power 0.5 mW), which is expanded and collimated by a telescope and passed through the trapping objective. The forward-scattered detection beam is collected by a condenser (Leica, NA 0.53), and its back focal-plane field distribution projected onto a custom position sensitive detector (bandpass of 1 MHz) whose signal is acquired at a sampling rate of 50 kHz with a NI PXIe-4492 acquisition board. The trapping beam goes through an acousto-optic deflector (AOD) that allows us to control the central position $x_o(t)$ of the trap rapidly (up to 25 kHz). In order to move the trap randomly, a Gaussian white noise voltage is generated by the analog output of a NI PXIe-6366 card and sent to the AOD. The conversion factor for the displacement due to the AOD is $A = 5 \mu\text{m}/\text{V}$. If

the amplitude of the displacement of the trap is sufficiently small to stay in the linear regime [$\sigma_o(t) < R$], it creates a random force on the particle that does not affect the stiffness of the trap. When the random force is switched on, the bead quickly reaches a stationary state with an effective temperature [32,40].

The stochastic command of the AOD is created with a LABVIEW program that generates at a rate of $f_n = 20$ kHz a white noise $x_d(t)$ of variance $\sigma_d^2(t)$ and power spectral density $\sigma_d^2(t)/f_n$. It is then numerically low-pass filtered at frequency f_{lp} to produce $x_o(t)$, whose correlation time is $\tau_{\text{lp}} = 1/(2\pi f_{\text{lp}}) \ll t_f < \tau_i$. The TESE protocol is not influenced by this filter provided that $f_{\text{lp}} \gg k_{\max}/(2\pi\nu)$. In this regime, x_o can be approximated as a white noise,

$$\langle x_o(t)x_o(t') \rangle \simeq \frac{(A\sigma_d(t))^2}{2f_n\tau_{\text{lp}}} e^{-\frac{|t-t'|}{\tau_{\text{lp}}}} \simeq \frac{[A\sigma_d(t)]^2}{f_n} \delta(t-t'), \quad (11)$$

and choosing $\tau_r = 1/f_n$, one gets $\sigma_d(t) = \sigma_o(t)/A$. This equation, together with Eq. (10), allows us to compute the amplitude $\sigma_d(t)$ of the driving of the noise needed to carry out a fast expansion. We emphasize that the choice of a constant $k(s)$ in Eq. (9) with a large k_{\max} is useful to easily fulfill the condition $\sigma_o < R$, so as to remain in the quadratic approximation of the confinement.

The system is calibrated in equilibrium using standard methods. The trap stiffness is measured by calculating the variance of the x displacement of the bead, σ^2 . The other parameters are determined using the power spectrum of the x displacement which is a Lorentzian since the particle motion is overdamped, $S_k(f) = \frac{4\nu k_B T/k^2}{1+f^2/\tau^2}$. One can fit it to find the cutoff frequency f_c that verifies $f_c = \frac{k}{2\pi\nu}$, where $\nu = 6\pi R\eta$ and η is the dynamic viscosity of water. The two methods give compatible results for the stiffness as the viscosity of water and corrections due to the finite distance between the particle and the bottom of the cell are known. This comparison allows us to check the calibration of the bead position measurement.

The probability density function (PDF) of the bead position is shown in Fig. 2(a) at the initial and final time of the protocol, displaying the expected decompression from $\sigma_i = 30$ nm to $\sigma_f = 45$ nm. Adding noise on the center of the trap broadens drastically the distribution, even if the stiffness is increased simultaneously, as shown by the stationary PDF displaying a $\sigma_{\text{stat}} = 60$ nm at $k = 4k_i$. The power spectra of the bead displacement in the x direction without noise and with noise are shown in Fig. 2(b), measured in equilibrium at $k = k_i$. The displacement in the y direction is not modified by the added noise. Thus the noise behaves correctly and the amplitude is the one computed from Eq. (10) with $\tilde{\alpha} = 0$ and Eq. (11).

In order to put the TESE protocol to the test, we prepare the system in an initial state with $k_i = 3.3$ pN/ μm having $\tau_i = 4.7$ ms and we commute to a final state $k_f = 1.4$ pN/ μm having $\tau_f = 11$ ms. After 50 ms the system is commuted back to the initial state. This protocol is repeated 2×10^4 times to measure statistical quantities, among which is the time evolution of $\sigma(t)$. As a benchmark of an “uncontrolled” process, we first perform the commutation using a STEP

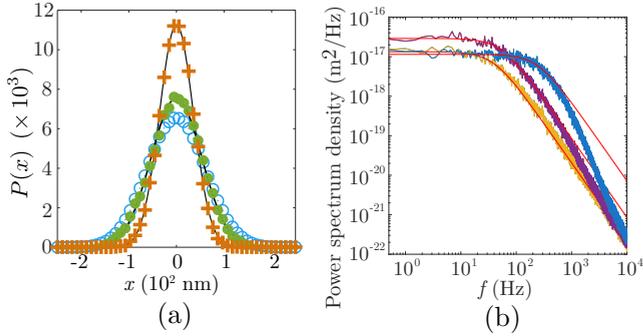


FIG. 2. (a) Density $P(x, t)$ measured in the initial compressed state (orange crosses), and at the end of the protocol at $t = t_f$ (green dots). The measured PDFs are in excellent agreement with the target densities shown with lines, for a decompression factor $\chi = 0.44$. We also measure the stationary PDF when the random force is switched on (blue circles, for a higher stiffness $k = 4k_i$). (b) Power spectra of x measured in equilibrium at $k = k_i$ without (light orange line) and with noise (dark purple line). In this case, $\sigma_i = 30$ nm, $f_c = 41$ Hz, and $\sigma_o = 20$ nm. We also show a power spectrum for $k = 4k_i$ with noise ($\sigma_o = 21$ nm, medium blue line) corresponding to the blue circles in (a). The Lorentzian fits allow us to calibrate the system and the noise amplitude. Beyond the filtering frequency $f_p = 1$ kHz, the fits become meaningless and all curves eventually collapse.

protocol in which the standard deviation of the particle position $\sigma(t)$ relaxes in a time that defines the natural recovery scale for either the initial or the final state. Then, the commutation is performed using the ESE/TESE protocols presented in Fig. 1. Specifically, the TESE protocol is applied to expand the trap from k_i to $k_f < k_i$ whereas the standard ESE [Eqs. (4) and (5) without noise] is used for the sake of cyclization, to compress the trap from k_f to k_i and thereby prepare the system for a new expansion. For the expansion, we chose $t_f = 1$ ms, thus significantly below the natural relaxation time τ_f . We took $k_{\max} = 6k_i$, which gives a maximum amplitude of $\sigma_o(t)$ of approximately 400 nm, while for compression, $t_f = 2$ ms. The results are plotted in Fig. 3 where the STEP and TESE protocols are compared. We see that the STEP scheme requires 40–50 ms for equilibrium recovery, whereas equilibration is realized in $t_f \ll 50$ ms within ESE (for compression) and TESE (for expansion). Hence we have demonstrated that TESE drives the system to its new equilibrium about two orders of magnitude faster than the standard relaxation. This is the main result of this Rapid Communication. It is instructive here to comment briefly on the features of the bare ESE method that could in theory be used to achieve a similar decompression. As emphasized above, it follows from Eqs. (4) and (5) that the stiffness k should take negative values for more than 80% of the time span $[0, t_f]$, with a (negative) maximal peak amplitude $k_{\text{peak}} \simeq -2k_i$. Devising a confinement system able to meet this goal, and furthermore follow the target ESE dynamics, is a delicate experimental challenge.

It is important to discriminate the TESE idea in general, that relies on the emulation of an effective temperature, from its experimental realization proposed here. The latter is operational for a single Brownian object, but not for a collection

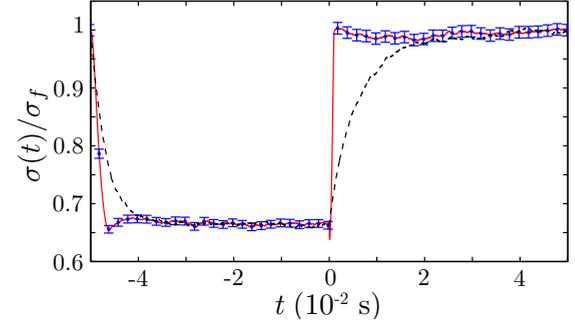


FIG. 3. Dynamics of the standard deviation $\sigma(t)$ of the Brownian particle position, for two distinct cyclic schemes. The first one alternates between ESE for compression phases and TESE for decompression phases (red solid line), while the second one is only constituted of STEP procedures (black dashed line). Time $t = -50$ ms corresponds to the beginning of the compression phase, where the stiffness is changed from k_f to k_i , and time $t = 0$ is the beginning of the expansion phase, where k is switched from k_i to $k_f < k_i$ (see also Fig. 1). The experimental measures are shown, together with error bars. To gather relevant statistics, the scheme is repeated as explained in the main text and in Fig. 1.

of noninteracting particles. Indeed, our experimental “noise” x_o would be shared by the particles, which creates undesired correlations between them. In the same vein, and with the same deficiency, an alternative route (route 2) is proposed in the Supplemental Material [38]. Both ideas take advantage of an additional degree of control (effective temperature or trap position) to shortcut the natural relaxation. Yet, we stress an advantage of TESE, since there exist techniques such as laser heating or speckle field which randomize the spatial distribution of the noise, and that would lead to fully fledged independent Langevin equations for all noninteracting objects simultaneously confined. TESE is thus in principle viable beyond the single particle case, in addition to requiring a single trap (two are needed for route 2).

To conclude, noise engineering offers an extra easy-to-manipulate control parameter, that creates powerful possibilities for STA, as well as ionic, magnetic, and atomic individual systems, and especially in the context of micro- and nanoengines where thermodynamic transformations need to be cycled. We have proposed a protocol, dubbed thermally engineered swift equilibration, that relies on a carefully shaped noisy signal, coupled to a quadratic time-dependent confining potential, to manipulate confined Brownian particles. It allows us to quickly deconfine a trapped particle, without the drawback of passing transiently through a repulsive potential. Related strategies have proven efficient in a computational context, such as simulated annealing [41] and, arguably, we provide here a transposition to an experimental context. Interesting venues for future work deal with optimizing and extending the scheme. For a given time t_f , how can one minimize the energy needed to perform the TESE protocol among the infinitely many choices for coupled noise-confinement driving? This question is of importance in energetics, and a subject of intense current activity [42–48]. Besides, the TESE protocol can be extended to nonquadratic cases, along the lines proposed in

Ref. [14], as well as underdamped cases [49]. This original protocol bears promises for applications whenever a controlled fast expansion is needed, and the experimental constraints do not allow the generation of an expulsive potential.

This work has been supported by the ERC Contract OUT-EFLUCOP. We acknowledge funding from the Investissement d'Avenir LabEx PALM program (Grant No. ANR-10-LABX-0039-PALM).

-
- [1] S. Deffner, C. Jarzynski, and A. del Campo, *Phys. Rev. X* **4**, 021013 (2014).
- [2] A. Patra and C. Jarzynski, *New J. Phys.* **19**, 125009 (2017).
- [3] E. Torrontegui, S. Ibáñez, S. Martínez-Garaot, M. Modugno, A. del Campo, D. Guéry-Odelin, A. Ruschhaupt, X. Chen, and J. G. Muga, *Adv. At. Mol. Opt. Phys.* **62**, 117 (2013).
- [4] A. Couvert, T. Kawalec, G. Reinaudi, and D. Guéry-Odelin, *Europhys. Lett.* **83**, 13001 (2008).
- [5] J.-F. Schaff, X.-L. Song, P. Vignolo, and G. Labeyrie, *Phys. Rev. A* **82**, 033430 (2010).
- [6] J.-F. Schaff, X.-L. Song, P. Capuzzi, P. Vignolo, and G. Labeyrie, *Europhys. Lett.* **93**, 23001 (2011).
- [7] M. G. Bason, M. Viteau, N. Malossi, P. Huillery, E. Arimondo, D. Ciampini, R. Fazio, V. Giovannetti, R. Mannella, and O. Morsch, *Nat. Phys.* **8**, 147 (2012).
- [8] R. Bowler, J. Gaebler, Y. Lin, T. R. Tan, D. Hanneke, J. D. Jost, J. P. Home, D. Leibfried, and D. J. Wineland, *Phys. Rev. Lett.* **109**, 080502 (2012).
- [9] A. Walther, F. Ziesel, T. Ruster, S. T. Dawkins, K. Ott, M. Hettrich, K. Singer, F. Schmidt-Kaler, and U. Poschinger, *Phys. Rev. Lett.* **109**, 080501 (2012).
- [10] W. Rohringer, D. Fischer, F. Steiner, I. E. Mazets, J. Schmiedmayer, and M. Trupke, *Sci. Rep.* **5**, 9820 (2015).
- [11] W. Rohringer, D. Fischer, F. Steiner, I. E. Mazets, J. Schmiedmayer, and M. Trupke, *Nat. Phys.* **13**, 330 (2017).
- [12] Y.-X. Du, Z.-T. Liang, Y.-C. Li, X.-X. Yue, Q.-X. Lv, W. Huang, X. Chen, H. Yan, and S.-L. Zhu, *Nat. Commun.* **7**, 12479 (2016).
- [13] D. Guéry-Odelin, J. G. Muga, M. J. Ruiz-Montero, and E. Trizac, *Phys. Rev. Lett.* **112**, 180602 (2014).
- [14] I. A. Martínez, A. Petrosyan, D. Guéry-Odelin, E. Trizac, and S. Ciliberto, *Nat. Phys.* **12**, 843 (2016).
- [15] A. Le Cunuder, I. A. Martínez, A. Petrosyan, D. Guéry-Odelin, E. Trizac, and S. Ciliberto, *Appl. Phys. Lett.* **109**, 113502 (2016).
- [16] G. Li, H. T. Quan, and Z. C. Tu, *Phys. Rev. E* **96**, 012144 (2017).
- [17] S.-Y. Tseng and X. Chen, *Opt. Lett.* **37**, 5118 (2012).
- [18] S.-Y. Tseng, *Opt. Lett.* **39**, 6600 (2014).
- [19] C.-P. Ho and S.-Y. Tseng, *Opt. Lett.* **40**, 4831 (2015).
- [20] D. Stefanatos, *Phys. Rev. A* **90**, 023811 (2014).
- [21] N. C. Singer and W. P. Seering, *Trans. ASME: J. Dyn. Syst. Meas. Control* **112**, 76 (1990).
- [22] S. Devasia, E. Eleftheriou, and S. O. R. Moheimani, *IEEE Trans. Control Syst. Technol.* **15**, 802 (2007).
- [23] P. S. Peercy, *Nature (London)* **406**, 1023 (2000).
- [24] S. Kaka, M. Pufall, W. Rippard, T. Silva, S. Russek, and J. Katine, *Nature (London)* **437**, 389 (2005).
- [25] I. A. Martinez, E. Roldan, L. Dinis, D. Petrov, J. Parrondo, and R. Rica, *Nat. Phys.* **12**, 67 (2015).
- [26] J. Roßnagel, S. T. Dawkins, K. N. Tolazzi, O. Abah, E. Lutz, F. Schmidt-Kaler, and K. Singer, *Science* **352**, 325 (2016).
- [27] V. Blickle and C. Bechinger, *Nat. Phys.* **8**, 143 (2012).
- [28] D. Collin, F. Ritort, C. Jarzynski, S. B. Smith, I. Tinoco, and C. Bustamante, *Nature (London)* **437**, 231 (2005).
- [29] I. A. Martínez, É. Roldán, J. M. R. Parrondo, and D. Petrov, *Phys. Rev. E* **87**, 032159 (2013).
- [30] S. Bo and R. Eichhorn, *Phys. Rev. Lett.* **119**, 060603 (2017).
- [31] A. Argun, J. Soni, L. Dabelow, S. Bo, G. Pesce, R. Eichhorn, and G. Volpe, *Phys. Rev. E* **96**, 052106 (2017).
- [32] A. Bérut, A. Petrosyan, and S. Ciliberto, *Europhys. Lett.* **107**, 60004 (2014).
- [33] E. Dieterich, J. Camunas-Soler, M. Ribezzi-Crivellari, U. Seifert, and F. Ritort, *Nat. Phys.* **11**, 971 (2015).
- [34] A. E. Cohen and W. Moerner, *Appl. Phys. Lett.* **86**, 093109 (2005).
- [35] A. E. Cohen, *Phys. Rev. Lett.* **94**, 118102 (2005).
- [36] G. Volpe, L. Kurz, A. Callegari, G. Volpe, and S. Gigan, *Opt. Express* **22**, 18159 (2014).
- [37] J. E. Curtis, B. A. Koss, and D. G. Grier, *Opt. Commun.* **207**, 169 (2002).
- [38] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevE.98.010104> for a description of an alternative protocol that uses the position of the trap center as an additional degree of freedom, instead of the effective temperature.
- [39] A. Bérut, A. Imparato, A. Petrosyan, and S. Ciliberto, *J. Stat. Mech.* (2016) P054002.
- [40] A. Bérut, A. Imparato, A. Petrosyan, and S. Ciliberto, *Phys. Rev. Lett.* **116**, 068301 (2016).
- [41] D. Frenkel and B. Smit, *Understanding Molecular Simulation*, 2nd ed. (Academic, Orlando, FL, 2001).
- [42] Y.-Y. Cui, X. Chen, and J. G. Muga, *J. Phys. Chem. A* **120**, 2962 (2015).
- [43] T. Schmiedl and U. Seifert, *Phys. Rev. Lett.* **98**, 108301 (2007).
- [44] T. Schmiedl and U. Seifert, *Europhys. Lett.* **81**, 20003 (2008).
- [45] E. Aurell, K. Gawedzki, C. Meja-Monasterio, R. Mohayae, and P. Muratore-Ginanneschi, *J. Stat. Phys.* **147**, 487 (2012).
- [46] T. V. Acconcia, M. V. S. Bonança, and S. Deffner, *Phys. Rev. E* **92**, 042148 (2015).
- [47] Y. Zheng, S. Campbell, G. De Chiara, and D. Poletti, *Phys. Rev. A* **94**, 042132 (2016).
- [48] P. Muratore-Ginanneschi and K. Schwieger, *Phys. Rev. E* **90**, 060102(R) (2014).
- [49] M. Chupeau, S. Ciliberto, D. Guéry-Odelin, and E. Trizac, *New J. Phys.* **20**, 075003 (2018).